

## Thinking and effort

Let me show you something. Let's spell thinking with two k's in it and you will discover that people were very smart a long time ago... some people anyways...

Watch and see/observe... think king, equals, if you think, you are a king, or equal to a king, or king-like. If we learn something from this it's that the "true crown" of a king is his own thinking process. The "invisible crown" I believe is more important than a metal crown (the visible one). So, the "invisible crown" of a man (king) is more important than the crown made of metal, even if that metal is gold and precious stones.

Now let's take the word effort and I will show you something... the first part of the word e-f = e = I, from I am, F = doing-do. Ef together stands for I do, or I am doing. The second part of the word effort is fort = a fortified building, a fortress, a fortified building or strategic position or strong point. If you understand the wisdom of the ancients then you will begin to understand that to them the language, "the word", was alive with multiple levels of meaning. How smart were they? You must think, analyze and guesstimate... let me come back to the word effort = if I am doing action/effort I will become like a fort or a fortress. What do you think about thinking and effort? What are their roles in our Life's? I believe that most modern men and women, when they speak or read words like, "warrior kings" or "warrior poets" have in all actuality only superficial understanding of the true meaning of the "living words".

I have begun to suspect by studying the ancient and some remnants of the Old Europe as well as the rest of the ancient world that in Europe if we go back in time 3-4-5-6-7000 years ago, we find that people were stronger and probably even smarter than we want to believe today for the sake of our own egos... Think about that.

What I have begun to suspect is that through war and advance of technology (tech-know-logy) as well as the adoption of religious and political corruption and decadence from "outside empires"/"high cultures?" in their exploitation, administration methods... Based on exploitation/action tyranny and religious/political persecution in mass, in order to eliminate/ overcome some of their religious/ political competition/ dissidents, by some of the "ruling class" (pharaohs, kings, priests and scribes, Political Parties, etc.) have produced a dysgenic, "de-evolution" in mass of almost all of the European and Middle Eastern populations. I am sure that all other killings (hungers/purges, etc.) that happened from the French revolution (and the other revolutions) like the Russian empire revolution (1917- 1923) which established Communist Tyranny in Russia as well as the big 1st and 2nd world wars that destroyed Europe and the peace/reeducation

process up to now have accelerated and done a total biological “de-evolution” on the European people...

Yes... you read (understand?) correctly what I am saying... It's that in the last few thousand years, we have “de-evolved” and been “dehumanized” on average at an accelerating rate in spite (maybe even because) of our science and technological advances and because of (corrupt) religious concepts/ institution(s) and corruption in educational/ justice/ political institutions. Exception being sometimes the hard-to-get places, “primitive rural areas” and some remote mountains/ places... On the edge of modern civilization. And some times a lucky/ smart minority... some people (10, 20 or even 30% of a population) in some places/ times that seeing and being aware of what is happening have been able to avoid this/ some of this unfortunate causes/ effects/ results... How much have you de-evolved? Hard to say in an individual type of way. But, as an average effect, follow this information just for the last 3000 years and see some of the numbers.

By a recent study of the size of the brain between the cranium of historical Europeans from many ancient grave yards/ cemeteries from approximately 1000B.C., to the present (provocatively 2020 A.D., Anno Domini) the so called Modern European Man have decreased in brain size (in the last 3000 years) by approximately 150cc which is the equivalent of a large orange/ apple fruit. I will give you one more information that is even more amazing, as a side issue that I will not discuss right now in depth but that you shall know at least a little bit about it. The Neanderthal approximately estimated average size of the brain was 1800cc and Modern Man is aprx. 1350cc... What do you think about that??? Do the math and also keep this fact in your mind as you read/ analyze/ absorb this information. And consider this truth... facts as facts, not Politically Correct Science or science fiction.

If somehow you think that this is not important, think/ visualize this... your own brain and all the other peoples' brains from your town were reduced by a chunk, the size of a large orange/ apple fruit... Do you think... you would like that? What effect do you think that will have on the standard of living in that town??? I tend to believe that even 120 years ago people were better than now. As you can begin to see... if you have eyes to see... if you want to see... the facts.

One of the next questions should be: where are we right now? (present situation with many complicated, even perverse, multitude of problems) And where shall we try to go? Think about that for a moment...

Oops! Let me come back to the original idea of thinking and effort... So, if you see, if you became aware of your thinking process of your own mind and fulfill its potential... by thinking and effort, you can become a king or like a king by the Ancient Wisdom of our ancestors only by accepting first (the sometimes unpleasant???) truth and

higher/objective reality... And if you use effort in forming/cultivating yourself you can become a fort... or fort-like... strong. Let me say only this for now... thinking and effort is only the beginning of your journey... of your common journey that life is... That is why you must make all possible efforts in order to separate facts from fiction in your own life. Think about that and if you have the time to tell me your opinions about it...please send me an e-mail.

Until next time, with respect, Robert14689Freemann

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*Some people read and fall asleep...  
Some people read and wake up...*