

15+1 UNIVERSAL GUIDELINES OF MAN

I will be quick and to the point. Listen to this, in 1993 on the 21st of June (approximately 06:00 hours) I had an experience that changed my perception of reality/life forever. It was a more beautiful/extraordinary experience that words cant describe or encompass. At least not here or now. Maybe another time. As a direct result of that experience, I will now on the 16th of January 2022 share with you... give you as a gift, the 15+1 Universal Guidelines of Man... written by me in 1993 which I hope will help you, as a light in darkness, to see/to find your way in life without wasting anymore time of your life or your life energy...

Please read it, analyze it, study it, differentiate between truth or falsehood, and put it to the test by experiments and by your own life experience... But remember this, I have personally put all this truth/reality to test for the last 28 plus years and I found all of those 15+1 points to be the absolute truth for all living intelligent beings... past, present, and future... from all times for all times... Now is your turn to test yourself... please proceed.

0. All living things are equal in one thing only and that is the right to struggle and fight to survive, be free and happy (to exist, to be or not to be, in being and becoming).From this fundamental truth/ reality everything else comes. Understand?

1. Man has four (4) levels/areas of development and those are physical, emotional, intellectual and spiritual. Together they represent one whole.

2. Man must do his best to improve himself at those four (4) levels/areas in order to fulfill his potential (Become ONE non-fragmentary/non-traumatized whole).

3. Man must study/ learn (The Art of War) in order to defend himself physically, emotionally, intellectually and spiritually. The best defense/offense are/is in strength and intelligence. In knowledge, power and understanding/ wisdom.

4. Man must study/learn (The Art/Knowledge of Work) to provide for himself physically, emotionally, intellectually and spiritually by working/creating in an active way (the opposite of lazy inactivity, parasitism, predatory attitude).In a way that is not self destructive or destructive to others.

5. Man must study/ learn (The Art of Fun) to entertain himself and others at all levels in a way that is not self destructive or destructive to others.

6. Man must study/ learn to observe himself and other human beings, nature, animals, the cycles of nature, the Universe/ Cosmos... In order to strive to rediscover his true self (inner nature, balance) constantly throughout his lifetime in order to learn and apply (master) all the above and below, reality, ideas, strategy and logistics, plus possibly much more.

7. In order for man to be a good defender, provider and entertainer, basically live life fully (80+% to 100%) man has to keep a minimum acceptable standard of physical, emotional, intellectual and spiritual, strength and balance (discipline).

8. Mankind/man must learn to be the best judge of character that he can be at all times in his/her interactions with other people, be very careful on this because you can win or lose everything based on this... Even your freedom/ health/ love/ money... even your own life... Win (all life) or lose (all life)... everything (infinity)... Lose or gain infinity... Understand???
9. Man must learn to value the value and importance of intimacy, love, respect, loyalty, honor, commitment, correctitude to family and friends. Also, to associates and community in the most appropriate way in context with that particular relationship and situation/circumstances. RECIPROCAL... don't forget.
10. Man must be alert and ready at all times for a physical, emotional, intellectual and/or a spiritual attack from individuals or groups of people that have conflicting/ opposed interests to himself, his family, his friends, his associates, his community, etc. Always you must be vigilant, aware, awake. RECIPROCAL... don't forget.
11. Man neutral level should be one of politeness and fair shake/correctitude to all the people who do not seem to be, or are, a threat to himself, family, friends, basically his general/universal interests. RECIPROCAL... don't forget.
12. Man must learn to monitor/discipline his natural and godly needs and rights as a free human being (organism) with that of the rest of the environment/ society that, he or she lives in. In context of a planetary/universe/cosmos context type of way. From microcosm to macrocosm.
13. Man must fulfill his needs in order to survive, be free, and happy. His needs are: Physical needs are; air (inhale-exhale), water (drink-urinate), food (eat-defecate), shelter, rest/ sleep/dream, sex, and last but not least, the necessary space to live life fully. Emotional needs are; intimacy, family, belonging and a purpose of existence. Intellectual needs are; knowledge and power. Spiritual needs are: to understand the purpose of life, to understand all things, to become one with all things, to find fulfillment, happiness, tranquility, harmony, peace, love... To BE in being and to BECOME as in becoming... something more... much more...
14. Man above all else must always try to understand more and to be more. To improve on all the above throughout his or her lifetime in a progressive way (from simple to complex, from easy to hard, from darkness towards the light, from ignorance towards knowledge, [wisdom], and so on).
15. Mankind must have (his or her) individual priorities set in truth, founded in fact and reality. NOT in what is called "Politically Correct" bullshit, or partial (false) religion, or partial (false/ theories/ interpretations) of modern science, with its illusions, propaganda and lies/ deceit...that represents the hidden/ secret political agenda of a few people in the interest of a minority... Less than 1% of the human population of the world. Mankind means you... YOU... You must do your best for yourself, for your family, for your friends, for your special interest group, for your community, for your nation, for your race, for your human species and for the environment/ Planet. As in unite with your people, the people, not divide from the people... Understand? This is the truth. This is reality.

+1= 16 Zero (0) is the equivalent of alpha (the beginning of all life) and plus one (+1) is the equivalent of omega (the end/becoming of all life). So, in a way the sixteenth (16th) point of 15+1 = 16 Universal Guidelines of Man is the totality of all life. Double the infinite. Infinity in infinite possibilities. A reality that transcends the ordinary reality of day-to-day life (The World of Maya/ The World of Material Illusions). Only after you learn and live your life in the first 15 points of Universal Guide Lines of Man for a few or for many years... If you reach a correct/clear/truthful view of the world it is possible to transcend this reality and see the Transcendental Absolute Reality that everything in this Universe/Cosmos is ONE TRUE REALITY and only reality in ONE... At this point if the gate will open for you, you will become... you will understand that everything is perfect as a system and the perfection perfects itself perpetually. For now it is enough in words to try to explain what cannot be explained or contained in words.

My advice to you for now is to concentrate on the day-to-day reality of 15 Universal Guidelines of Man. But understand that it is more to this life than our physical eyes can see... There is more to this life than modern science with its methods and tools can show us. Please understand that we, the human race are not yet evolved the way we think we are. We are right now in danger of extinction by self-destruction...(how smart is that???) We are in the age of conflict. This it is a very sad reality. But if we succeed in the next 20 some years to straighten up our problems we will enter our conscious evolution that will propel us towards the restoration of Mankind and The World in ONE.

Please think deeply about everything that is happening in the world right now and begin to prepare yourself and your family, even your community for the challenges, changes that are coming our way. Do not run away from the truth... take control of your own life and if possible help others to do the same. Time has no more patience with us. This is a new standard/challenge for mankind and the world. Rise...rise, your self, out and above "The Abyss" overcome "The Fall". Restore Mankind-Man/Women and The World... This is the beginning of the 8th DAY/period of time... an end... and a new beginning... So, please, if you can, read the 15+1 Universal Guide Lines of Man every 8th day of your life for best results... contemplate and meditate on it and on your own life. The World is changing. Good luck to you.

Until next time, with respect Robert Freemann

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Some people read and fall asleep.

Some people read and wake up.